

## T-Shirt Yoke Dress

### Materials:

Any adult sized t-shirt and any large child t-shirt

Cotton fabric 36-42" wide by 17" to 28" long per size requirement.

Yolk pattern fits children sizes 3-5 and 6-8.

1. Fold t-shirt in half, sleeve edge to sleeve edge, matching shoulder seams. Lay yoke pattern on the t-shirt, matching shoulder seams. Cut yoke according to the pattern and size desired.
2. Cut fabric the length listed per size of yoke/dress.
3. For yoke, turn under three-eighths inch of raw edge of outer shoulder edge. Straight stitch the edge. Repeat for other shoulder.
4. On the yoke, mark the center from hemmed edge to hemmed edge for the front and the back.
5. For the dress fabric, hem the bottom of the dress by turning up one half inch and then turn up one half inch again. Stitch the hem.
6. For the back skirt seam, with right sides together, match the selvage edges. Starting at the bottom hem, stitch a five-eighths inch seam. **IF** the selvages are raw edges, zigzag them.
7. Fold dress fabric to match center front to seam in the back.
8. On the top edge of skirt, use the armhole pattern to cut out the armholes from the double fold which is opposite of the dress center and the seam of dress. Clip the curves one fourth inch deep in several places to help in sewing the armhole.
9. For the top edge of the dress fabric, zigzag the raw edge.
10. For the armhole cutout, on the wrong side of fabric turn under one-fourth inch then one-fourth inch again. On the wrong side straight stitch or zigzag the armhole hem.
11. Find and mark the center front and center back of the top of the dress fabric.
12. With dress fabric wrong side out, place the yoke right sides out and upside down inside the dress fabric. Match center fronts and backs of yoke and dress fabric. Pin.
13. Match the hemmed end of the yoke to the hemmed armhole of the dress fabric on the left and right of the front and the left and right of the back. Pin.
14. Hand pleat and pin the dress fabric to fit the yoke in the front and repeat for the back.
15. Using a three-eighths inch seam allowance, stitch dress fabric and yoke in the front and the back. Press then turn right side out.

**Special note:** Do not leave any raw edges of dress fabric once dress is stitched together. Zigzag raw edges